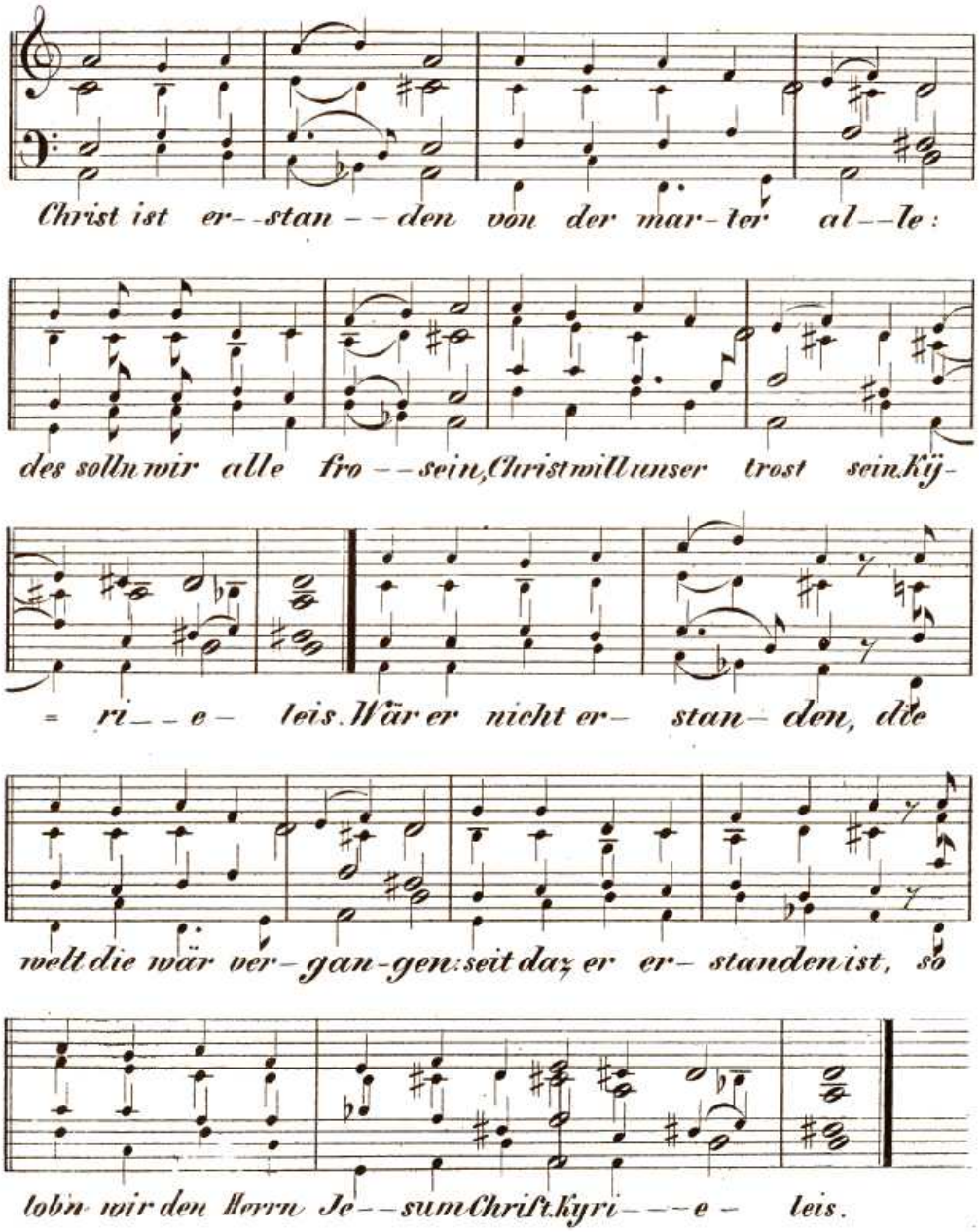16. Christ ist erstanden